



Diabetes is Everywhere. What Can We Do?

According to the American Heart Association, approximately six million people 18 years and older in the United States have Type 2 diabetes and do not know it. Learn more about risk factors, know the warning signs, and put a preventative plan in place you can count on.

Park Place Senior Center
414 S Lewis Ave | Waukegan
Tuesday, May 28 | 10:30 a.m. - 12:00 p.m.
RSVP to Vista Home Health by May 21, 847.672.9225
Limited to 50 attendees

Please join us for a presentation by Wendy Piekarz, RD LDN CDE. Lunch to be provided.

Brought to you by Vista Home Health, in partnership with Vista Health System.



Home Health

Phone: 847.672.9225

